



BLACK SAND SPA

balance & beauty, gifted by earth & sea

WELCOME TO BLACK SAND AND SPA

Our team at **Black Sand Spa** wish to extend their heartfelt welcome to you. We look forward to guiding you through your Spa Journey here at **The Royal Purnama**. The Black Sand Spa features two designer couple suites with oversized bath tubs, one single suite and an Aroma Steam Room.

Our Spa Menu is inspired by the healing elements of the earth, the sea, and the black volcanic sand that exemplifies our astonishing coastline. We utilise a combination of all-natural indigenous products and Luxury Elemis skincare products; we have undertaken specialist treatment training in order to perform our treatments and therapies with integrity while honouring their origin. Our goal is to transport you to a tranquil space where you can truly enjoy some well-deserved "Me Time."

Black Sands Spa Team

All treatments begin with an invigorating foot cleanse featuring iron rich sea salt, black volcanic sand and a blend of cooling essential oils.

Spa Guests are invited to enjoy our indulgent Aroma Steam prior to or post Spa treatments.

Black Sand Spa presents our exclusive range of aromatherapy massage oils each one imbued with a unique benefit to fulfil your personal needs.

Bhumi - Earth – Grounding – Balancing – Mood Tonic
Orange, Lemon, Rosemary, Basil

Tejas – Fire – Warming - Soothing - Healing
Lemongrass, Ginger, Black Pepper

Jala – Water – Cooling - Refreshing – Energizing
Peppermint, Pink Grapefruit, Eucalyptus

Marut – Wind – Relaxing – Calming - Romantic
Lavender, Geranium, Bergamot

SIGNATURE THERAPY BY BLACK SAND SPA

For centuries Balinese people have utilized the black volcanic beach sand heated by the sun and mineralized by the ocean as a healing remedy.

Black Sand Full Body Rejuvenation

2 hours 15 minutes IDR 770k

This ancient healing and detoxifying therapy ritual begins with a full body sand bath on our unique beachfront. Our staff will prepare a bath in the sand where you will stay for 20 minutes allowing your body to absorb the healing properties of the sand and purge impurities from within. Followed by a cooling beachfront shower and enter the Spa for a nourishing coconut bath, finish with a Traditional Balinese Massage. Soothing, Healing and Rejuvenating.

Black Sand Back Therapy

30 minutes IDR 205k

Warming the back with black sand compress and essential oil, this intensive yet short treatment relieves stress and muscular tension in the back, neck and shoulders.

MASSAGE THERAPY BY BLACK SAND SPA

Traditional Balinese Massage *

60 or 90 minutes IDR 415 or 590k

Based on age-old traditions from Bali this healing treatment aims to harmonize body, mind and spirit. Utilizing a combination of skilful kneading, stroking and flowing body sweeps; this medium pressure massage aims to balance the body and ensures deep relaxation.

Warm Bamboo Massage *

60 or 90 minutes IDR 470 or 650k

Utilizing bamboo rods of different sizes with warmed aromatic oils, this massage provides deep and firm rhythmic pressure. Excellent for working out knots and loosening up tight muscles. Bamboo massage is especially beneficial for those who suffer from stress related body aches.

Hot Stone Massage

75 minutes IDR 530k

The healing power of the earth combined with rhythmic therapy movements helps to improve blood circulation, relieve stress and calm the mind. Stones are placed on Chakras or energy points, bringing the body back into balance.

** Available in the privacy of your villa or suite*

Prices are in thousand Indonesian Rupiah and are subject to 21% service charge and government tax

Four Handed Massage

60 minutes

IDR 650 k

Performed by two therapists in synchronization with combination of therapeutic massage techniques using long Balinese stroke, Hawaiian lomi lomi, Swedish and shiatsu help to improve blood circulation, lymphatic drainage and tension relieved.

ELEMIS Deep Tissue Massage *

60 minutes

IDR 530 k

Alleviate stress, ease aching muscles and revive the senses with this powerful, customized massage. Dynamic blends of ELEMIS Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

Reflexology

60 minutes

IDR 235 k

This ancient Chinese technique works on pressure points in the feet that relate to the health and wellbeing of various parts of the body. It will leave you with restored energy and your feet will feel brand new, and so you feel completely taken care of we also include a brief upper body massage.

Royal Healing Compress

75 minutes

IDR 530 k

This traditional therapy eliminates stress, back pain and stimulates circulation for deeper relaxation. Begin with soothing body massage using long strokes and palm pressure to melt away muscular tension. And a selection of therapeutic herbs including eucalyptus leaves, turmeric, lime, lemongrass, cloves, and other herbs wrapped in unbleached cotton steamed and then applied to the body in gentle pressing, circular and rolling movements.

Indian Head Massage

60 minutes

IDR 420 k

Inspired from Ayurvedic healing this treatment combines both gentle and stimulating techniques on the back, shoulders, neck and scalp to improve blood flow, nourish the scalp, induce a deep sense of calm and headaches problem.

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Body Therapy by Black Sand Spa

60 minutes

IDR 470 k

95 minutes

IDR 650 k

Botanical body treatments created exclusively for Black Sand Spa from nature's purest ingredients, combine your body treatment with a Traditional Balinese or Warm Bamboo Massage, for a 95 minutes treatment.

Black Sand Body Polish

This unique body polish cleanses and smoothes by removing dry skin and dead skin cells. Contains black volcanic sand, iron rich sea salt and green tea.

Balinese Spice Body Wrap

Inspired by the Balinese Boreh this warming body wrap is made from crushed exotic spices, designed to soothe body aches and increase circulation.

Botanical Body Scrub

An age old Royal Javanese beauty ritual this gentle body scrub is made from rice powder, turmeric and sandalwood leaving soft and glowing skin.

HANDS AND FEET BY BLACK SAND SPA

Spa Manicure

60 minutes

IDR 295k

Our Manicure includes a soak with mint and citrus essential oils, cuticle grooming, a relaxing mini massage, skin exfoliation, shaping and perfect painting with the OPI range of polishes – for gents we offer buffing or a clear finish.

Spa Pedicure

60 minutes

IDR 295k

Our Pedicure includes a soak with mint and citrus essential oils, cuticle grooming, a relaxing mini massage, skin exfoliation, shaping and perfect painting with the OPI range of polishes – for gents we offer buffing or a clear finish.

The Ultimate Manicure

75 minutes

IDR 355k

Enjoy all the benefits of our Spa manicure with an extended arm and shoulders massage.

The Ultimate Pedicure

75 minutes

IDR 355k

Enjoy all the benefits of our Spa pedicure with an extended feet and legs massage

Prices are in thousand Indonesian Rupiah and are subject to 21% service charge and government tax



FACIAL THERAPY BY BLACK SAND SPA

Exclusively presenting Spa facials by UK skincare specialist ELEMIS, this luxury range combines therapeutic-grade essential oils and plant actives to treat the skin at the deepest level. Dedicated massage movements help to stimulate and oxygenate the skin whilst assisting to balance the mind, body and spirit.

ELEMIS Superfood Pro-Radiance

60 minutes **IDR 850 k**

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

*Independent Clinical Trials

ELEMIS Sensitive Skin Soother

60 minutes **IDR 850 k**

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

ELEMIS Anti-Blemish Mattify and Calm

60 minutes **IDR 850k**

A revelation for oily, congested or hormonal skin. This mattifying facial helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

Black Sand Hydrating Facial

60 minutes **IDR 420k**

Natural facial with Tuina facial massage (a Chinese medical massage technique using a gentle push and pull movement) this treat will cleanse, exfoliate and hydrate your skin leaving it radiant and clean. Our product line consists of 100% natural botanical and organic ingredients.

Express Facial

30 minutes **IDR 205k**

An aromatic express facial including cleansing, exfoliation and rebalancing mask for instant glow and refreshes

Prices are in thousand Indonesian Rupiah and are subject to 21% service charge and government tax

Water Therapy by Black Sand Spa
20 minutes **IDR 175k**

Exotic Coconut Milk and Flowers Bath
Relaxing and Skin Softening

Traditional Asian Herbal Bath
Healing and Soothing

Sea Salt, Green Tea & Lemongrass Essence Bath
Purifying and Detoxifying

Aroma Steam
Boosts Circulation and Improves Wellbeing.

Complimentary with all Spa treatments, available to non Spa guests at a fee based on availability.

RITUALS BY BLACK SAND SPA

Sun Soother
60 minutes **IDR 470k**

Designed to soothe and heal sun burnt skin, this therapeutic treatment package is hydrating and anti-inflammatory. Begin with cool lavender compresses to reduce the heat in the skin, followed by a healing aloe vera gel application, whilst the aloe is doing its work enjoy a gentle face and head massage. Finish off with a soothing lavender coco bath followed by an aloe lotion application.

Traditions
2 hours **IDR 770k**

Inspired by the traditional health and beauty rituals of Indonesia. This exclusive treatment ritual utilizes indigenous ingredients to beautify the body and relax the mind. Foot cleanse – Botanica Body Scrub – Traditional Balinese Massage – Traditional Asian Herbal bath – herbal tea and traditional snacks

Purify
2 hours 50 minutes **IDR 1.120k**

This detoxifying body toning treatment includes a mineralized body polish to prepare the skin for the slenderizing wrap followed by a detox bath – finish off with a Hot Stone massage leaving the body refreshed and with a smoother outline. Foot cleanse – Black Sand Body Polish – Boreh Spice Body Wrap - Sea Salt, Green Tea & Lemongrass Essence Bath – Hot Stone Massage
- herbal tea and traditional snacks

Prices are in thousand Indonesian Rupiah and are subject to 21% service charge and government tax

Putri

3 hours 15 minutes

IDR 1.710k

Our Ladies' ritual offers the ultimate nurturing experience. This aromatic floral body package will leave your skin soft and fragrant and your mind in a state of pure bliss. Foot cleanse – Earth & Flower Body Mask - Warm Bamboo massage with ELEMIS Frangipani Monoi body oil – ELEMIS Visible Brilliance Facial - Exotic Coconut Milk and Flowers Bath - herbal tea and traditional snacks

Putra

3 hours 15 minutes

IDR 1.710k

Created exclusively for Men's needs this dynamic ritual aims to deeply cleanse the body, relieve stressed muscles and leave the complexion fresh and rejuvenated. Foot cleanse - Black Sand Body Polish - ELEMIS Deep Tissue Massage – ELEMIS Skin IQ facial - Sea Salt, Green Tea & Lemongrass Essence Bath - herbal tea and traditional snacks.

Unity

3 hours 30 minutes

IDR 3.365k for 2 or 3.660k

with sparkling wine

Celebrate togetherness with this romantic treatment ritual. In your candlelit suite enjoy an indulgent 90 minute massage using our exclusive aphrodisiac oil followed by an ELEMIS facial for him and her. Next indulge in a romantic soak together in a fragrant petal filled bath where we serve you a glass of sparkling wine and chocolate truffles. Finish with a rejuvenating foot massage. Floral foot bath – 90 minute Traditional Balinese Massage – ELEMIS Facial - Exotic Coconut Milk and Flowers Bath – sparkling wine (optional) or Hot Chocolate and chocolate truffles - Foot Massage.

HOLISTIC TREATMENT

Soul Blessing

90 minutes

IDR 2.000k net/person

Soul blessing is created by a holy priest and holistic master from Bali. Alit, the Guru is from a holy priest family (Brahmana). Soul Blessing will provide purification for the body and mental spirit. Starting with techniques of concentration, controlling of breathing and basic meditation to connect the light and absorb the universal energy for love and happiness, the blessing continues with clearing the body and spirit of negative aura with an energy prana / reiki treatment combined with pure holy water purification. The Guru will them engage in an initiation program to charge you with positive energy from the universe and raise the energy levels in the body.